



Lohmann & Rauscher

Debrisoft®

Giving wounds a clean start.

Self-care for patients at home with
Debrisoft® Pad and **Debrisoft® Lolly**

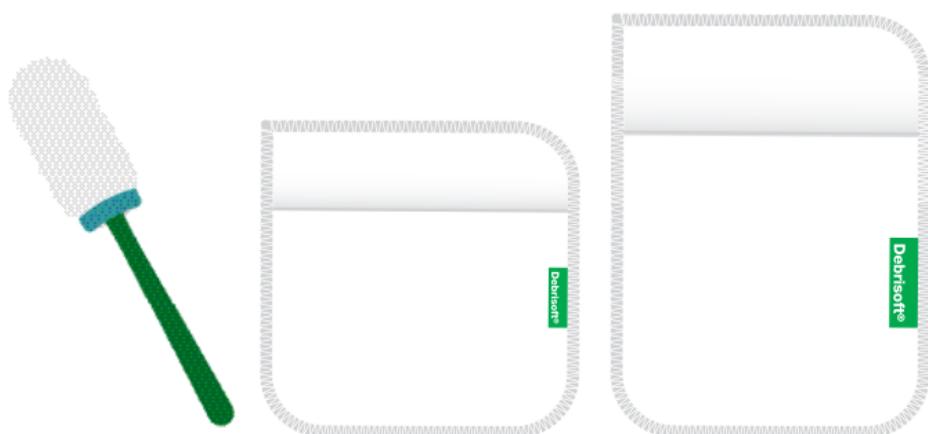


What are **Debrisoft® Pad** and **Debrisoft® Lolly**?

Your clinician has recommended Debrisoft because you have a wound which has not healed or has bacteria in it.

Wound debris and dead skin cells create an ideal breeding ground for bacteria, which can lead to infection. Debrisoft will clean the wound and surrounding skin to reduce the risk of infection and help your wound to heal.

Debrisoft Pad and Lolly consist of soft, flexible polyester fibres for wound and skin cleaning. Because Debrisoft is soft and gentle, it will not harm the wound or healthy skin.



Debrisoft can be used in the shower, however do not fully saturate Debrisoft (follow step 2).

Debrisoft can also be used directly after showering while skin is still damp or at a time that is recommended by your clinician.

Debrisoft can be used on all types of wounds and is ideal to reach between fingers and toes.

How do I use Debrisoft®?



Before using Debrisoft, wash off any moisturisers, creams or ointments from your skin.

Step 1.

Open the plastic Debrisoft pack.



Step 2.

Wet the fleecy side of Debrisoft with tap water, saline or whichever fluid is recommended by your clinician.

Small Pad (10x10cm): 20-40ml

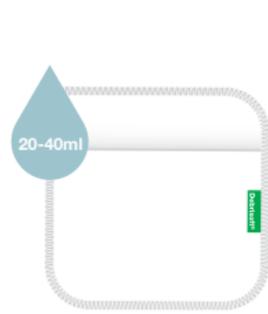
Large Pad (13x20cm): 90-110ml

Lolly: 5-15ml

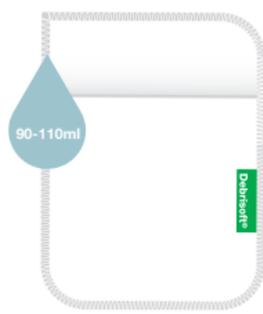
Lightly shake off any excess fluid. Do not squeeze moisture out!



Debrisoft® Lolly



Small Debrisoft® Pad
(10cm x 10cm)



Large Debrisoft® Pad
(13cm x 20cm)

Step 3.

Pad: Put hand into mitt pocket

Lolly: Hold with green handle



Step 4.

Wet the wound or area of skin and start gentle rubbing with sweeping strokes on the skin or a circular motion on a wound.

Every 2 minutes, rinse over the wound area with fluid.

No need to re-wet the Pad or Lolly.



Step 5.

When the fleecy part of Debrisoft changes colour or appears dirty, rotate to a clean white area and repeat step 4. Continue this until there are no white areas left on the Pad or Lolly and/or the wound looks clean.



You can also use Debrisoft to clean the skin surrounding the wound.

Step 6.

Dispose of the used Debrisoft in normal household waste.

Your wound is now ready for dressing.



Tips for using **Debrisoft® Pad** and **Debrisoft® Lolly**.

Your clinician will advise you how often and for how long to use Debrisoft Pad and/or Debrisoft Lolly.

- ✓ Debrisoft Pad can be folded in half which may assist during use
- ✓ The folded Pad and/or Lolly can be used between fingers or toes and deep wounds



- ✓ Always moisten Debrisoft before use
- ✓ Always use the soft, fleecy side of the Debrisoft
- ✗ Debrisoft does not contain latex
- ✗ Do not cut Debrisoft
- ✗ Do not use Debrisoft as a wound dressing
- ✗ Do not wash and re-use Debrisoft





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Further information

Please contact your clinician with any questions or for further information and advice regarding Debrisoft Pad and Debrisoft Lolly.

For full product information, refer to the Debrisoft instructions for use (IFU).

Clinician details

Name

Contact number

Further Instructions



To learn more about Lohmann & Rauscher, please visit www.lohmann-rauscher.com.au.

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